



The Connection Training Catalog

{ FALL/WINTER EDITION }

2019 - 2020

THE CONNECTION TRAINING CATALOG

[1] *Enrollment Information*

Professional Development Courses:

[2] *Adult and Pediatric CPR and First Aid*

[3] *Cultural Considerations While Working with Clients and Coworkers*

[4] *Essential Skills for the Human Service Professional*

[5] *Exceptional Customer Service*

[6] *Fresh Out: Barriers for Working with Formerly Incarcerated Individuals*

[7] *How to Recover from Setbacks and Embrace Change*

[8] *Mental Health First Aid Training*

[9] *Sexual Harassment Prevention Training: Cultivating a Respectful Workplace*

Clinical Best Practice Courses:

[10] *Best Practices for Treatment of Opioid Use Disorder*

[11] *Motivational Interviewing Fundamentals*

[12] *Motivational Interviewing One-Day Refresher*

[13] *Providing Care Through a Trauma-Informed Lens*

[14] *Stages of Change: Practical Application*

Registration

Participants may register online at theconnectioninc.org. Payment by credit card is available. Participants will receive a confirmation email once their registration is processed.

Certificate of Attendance

Participants will receive a certificate of attendance following the successful completion of the training. Where indicated, continuing education hours are available.

Eligibility

All external parties are invited to participate in any session. Fees are as indicated by training. All Connection employees may attend training programs at no cost, regardless of position or program. Where agency requirements allow, employees should be encouraged to attend trainings other than those directly related to their present position, in order to foster professional growth and skill enhancement.

Dietary Restrictions

If you have specific dietary restrictions please contact Nikita Joslyn, Training & Staff Development Specialist more than 48 hours in advance to discuss accommodations.

Course Cancellation & Postponements

If a training is canceled, all participants will be notified no later than 24 hours prior to the scheduled session. If The Connection is closed or has a delayed opening due to inclement weather, all trainings will be canceled, and will be rescheduled to a later date.

Scheduling

Participants may withdraw from the course at least five business days prior to the training to receive a refund. Cancellations made after this window will not be refunded.

Participants can withdraw from the course by contacting Nikita Joslyn, Training & Staff Development Specialist.



Adult and Pediatric CPR and First Aid

This course will teach participants how to recognize and respond appropriately to cardiac, breathing, first aid, and opioid overdose emergencies. Participants will learn the skills needed to give immediate care to an injured or ill person, including NARCAN administration, and when to call for advanced medical care. Participants will receive a 2-year CPR and First Aid certification through the American Red Cross.

September 25, 2019 (1:00–5:00pm)	November 20, 2019 (1:00–5:00pm)	January 15, 2020 (1:00–5:00pm)
October 9, 2019 (1:00–5:00pm)	December 4, 2019 (1:00–5:00pm)	January 29, 2020 (1:00–5:00pm)
October 15, 2019* (9:30am–2:00pm)	December 18, 2019 (1:00–5:00pm)	February 12, 2020 (1:00–5:00pm)
October 23, 2019 (1:00–5:00pm)	January 2, 2020 (1:00–5:00pm)	February 26, 2020 (1:00–5:00pm)
November 6, 2019 (1:00–5:00pm)	January 9, 2020* (9:30am–2:00pm)	

LOCATIONS

100 Roscommon Drive, Suite 203, Middletown, CT

*48 Howe Street, First Floor, New Haven, CT

PRESENTER

Nikita Joslyn, LMSW, Training & Staff Development Specialist

COST: \$100

Price includes training kit, manual, lunch, and cost of certificate



Cultural Considerations While Working with Clients and Coworkers

Interactions with co-workers and clients are determined by our implicit bias; unconscious attitudes and actions towards others based on their race, ethnicity, gender, age, sexual orientation, or ability. Implicit bias develops through our experiences and cultural conditioning including our exposure to media and our interactions with family and social groups. Because implicit bias is stored in our subconscious, we sometimes act contrary to our beliefs and values without realizing it. Participants in this workshop will engage in activities to become aware of their own implicit bias and explore strategies to actively resist acting out on harmful stereotypes and prejudices. Studies show these are essential skills needed when providing any type of community support services.

DATE

January 8, 2020

TIME

9:00am – 4:00pm

LOCATION

100 Roscommon Drive, Suite 203, Middletown, CT

PRESENTER

Daryl M. McGraw, Founder & CEO of Formerly Inc.

COST: \$150

CONTINUING EDUCATION: This training has been approved for 6 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Essential Skills for the Human Service Professional

More and more individuals are entering work in the human services field from a wide variety of backgrounds and training. This brings a much-needed diversity of expertise and life experience to programs struggling to meet increasingly complex client needs. At the same time, whether working with children and families, individuals returning from incarceration, or those with co-occurring disorders, there is a body of knowledge and basic skills that are necessary to achieve success in this field.

This comprehensive 2-day training series will give human service practitioners at all levels, and from all backgrounds, a solid foundation in the knowledge and skills needed to ensure the highest level of professionalism and effectiveness with clients. Key components include:

- ▶ **The Therapeutic Relationship: Engagement as the Foundation of our Work**
- ▶ **The Golden Thread of Documentation: Assessment, Treatment Planning, and Case Notes**
- ▶ **Professional Ethics: Framework for Ethical Decision-Making, Boundaries, Confidentiality**

DATES

October 29 and 30, 2019

TIME

9:00am – 3:00pm

LOCATION

100 Roscommon Drive, Suite 203, Middletown, CT

PRESENTER

Michele Klimczak, LMSW, Director of Training & Practice

COST: \$225

CONTINUING EDUCATION: This training has been approved for 10 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Exceptional Customer Service

Providing quality customer service is an integral part of the success of any organization, but it is often the focus of for-profit businesses. How can the non-profit world integrate strategies for customer service used by retailers like Nordstrom or Zappos and why is this important? Every person we interact with in the non-profit world is a customer — including clients, colleagues, funders, and community partners. Participants will learn the components of excellent customer service used by Fortune 500 companies, how to effectively address customer concerns when they arise, and how to find the best communication style.

DATES

November 8, 2019* or December 11, 2019

TIME

9:30am – 1:30pm

LOCATIONS

100 Roscommon Drive, Suite 203, Middletown, CT

*48 Howe Street, First Floor, New Haven, CT

PRESENTERS

Michele Klimczak, LMSW, Director of Training & Practice
Nikita Joslyn, LMSW, Training & Staff Development Specialist

COST: \$65



Fresh Out: Barriers for Working with Formerly Incarcerated Individuals

This half-day workshop provides an insight into working with justice-involved individuals. Participants will learn an overview of the prison system in Connecticut, mental illness and incarceration issues, and gain an understanding of reentry and recidivism issues. Participants will gain a foundation of recovery-oriented care, person-centered perspectives, and the barriers individuals face during re-entry. Participants will not only learn what must be done when coming home, but also learn the difficulty and frustration that accompanies this process.

————— **DATE** —————

October 24, 2019

————— **TIME** —————

9:00am – 1:00pm

————— **LOCATION** —————

100 Roscommon Drive, Suite 203, Middletown, CT

————— **PRESENTERS** —————

Daryl M. McGraw, founder & CEO of Formerly Inc.
Kisha Ellis, REACH Program Manager

————— **COST: \$85** —————

CONTINUING EDUCATION: This training has been approved for 4 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



How to Recover from Setbacks and Embrace Change

Resilience involves behaviors, thoughts, skills, and actions that can be learned and developed in anyone. This professional development course will include skills for managing priorities and improving communication by using practical strategies for effectiveness and resiliency. Topics will include defining the skills and attitudes that comprise resiliency, breaking through old thought patterns, and recognizing the key characteristics needed to develop resilience.

DATE

December 5, 2019

TIME

10:00am – 12:00pm

LOCATION

100 Roscommon Drive, Suite 203, Middletown, CT

PRESENTER

Rita Schiano, Motivational Inspirational
Speaker & Resilience Strategist

COST: \$85

CONTINUING EDUCATION: This training has been approved for 2 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Mental Health First Aid Training

Mental Health First Aid is a SAMHSA nationally-recognized program designed to give people key skills to help someone who is developing a mental health problem or experiencing a mental health crisis. This 8-hour course will teach participants how to identify, understand, and respond to signs of mental illness or substance use disorders. Mental Health First Aid takes the fear and hesitation out of starting conversations about mental health and substance use problems by improving understanding and providing an action plan that teaches people to safely and responsibly identify and address a potential mental illness or substance use disorder.

September 27, 2019
October 26, 2019

November 13, 2019*
December 12, 2019

January 21, 2020
February 18, 2020*

TIME

9:00am – 5:00pm

LOCATIONS

100 Roscommon Drive, Suite 203, Middletown, CT
*48 Howe Street, First Floor, New Haven, CT

PRESENTER

Nikita Joslyn, LMSW, Training & Staff Development Specialist

COST: \$100

CONTINUING EDUCATION: This training has been approved for 7 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Sexual Harassment Prevention Training: Cultivating a Respectful Workplace

The course will examine the federal and state laws prohibiting sexual harassment, the responsibility of organizations to enforce these laws, and how to identify different types of sexual harassment. Participants will learn what to do when harassment occurs, and how to implement effective strategies to prevent sexual harassment in the workplace. Bystander intervention is included in this training.

DATE

October 16, 2019

TIME

1:00pm – 3:00pm

LOCATION

100 Roscommon Drive, Suite 203, Middletown, CT

PRESENTERS

Charlotte Sutor, Human Resources Generalist
Ruthanne Barrett, PHR, SHRM-CP, Director of Human Resources

COST: \$60



Best Practices for Treatment of Opioid Use Disorder

This half-day workshop will focus on a review of different types of opioids; their misuse and strategies in moving forward to promote prevention, treatment and recovery. Topics will include medication assisted treatment, whole person wellness and therapeutic interventions.

DATE

January 24, 2020

TIME

9:00am – 12:00pm

LOCATION

100 Roscommon Drive, Suite 203, Middletown, CT

PRESENTER

Alison Friar, Director of Clinical Development
for The Connection Centers for Behavioral Health

COST: \$65

CONTINUING EDUCATION: This training has been approved for 3 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Motivational Interviewing Fundamentals

Motivation is a key factor in people changing difficult and intractable human problems such as alcohol and drug dependence, persistent criminal lifestyle choices, intimate partner violence, and disruptive behavior disorders in youth. Motivational Interviewing is currently the most scientifically supported approach for assisting people with difficult-to-change problems. During this two-day training course practitioners will become familiar with the basic theory, practice core communication skills, and learn to recognize, elicit, and reinforce key client verbalizations likely to lead to an effective plan for changing self-defeating behaviors. Through a series of structured learning activities that include role-playing, video demonstrations, and small group exercises, practitioners will develop and improve core skills to immediately apply Motivational Interviewing with people in treatment.

DATE

January 16 and 17, 2020

TIME

9:00am – 4:00pm

LOCATION

100 Roscommon Drive, Suite 203, Middletown, CT

PRESENTER

Raymond Tafrate, PhD, National Author & Trainer

COST: \$175

CONTINUING EDUCATION: This training has been approved for 12 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Motivational Interviewing One-Day Refresher

Re-energize your Motivational Interviewing skill set with this one-day workshop designed for behavioral/health professionals who have had prior training in all Motivational Interviewing (MI) core skills. This interactive course reinforces MI skills previously learned and addresses more advanced topics, such as: enhanced skills for reflecting and summarizing, strategies for reinforcing and responding to client change talk, and guidelines for coaching program practitioners in MI skills.

DATE

October 3, 2019

TIME

9:00am – 4:00pm

LOCATION

100 Roscommon Drive, Suite 203, Middletown, CT

PRESENTER

Raymond Tafrate, PhD, National Author & Trainer

COST: \$90

CONTINUING EDUCATION: This training has been approved for 6 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Providing Care Through a Trauma-Informed Lens

This comprehensive training will provide an in-depth exploration into the art and science of trauma-informed care: how trauma affects both our bodies and our minds, and how we can use this knowledge to promote healing and empowerment for those we serve. Key topics include understanding trauma as a human experience, viewing challenging behaviors as communication, the importance of self-awareness and self-care for caregivers, and making the helping process a true collaboration through building safety and trust. The second half of the program will teach best practices for crisis management, with a focus on engagement as the key to crisis prevention and de-escalation.

September 26, 2019

November 14, 2019

January 23, 2020

October 17, 2019

December 19, 2019

February 20, 2020

TIME

9:30am – 4:30pm

LOCATION

100 Roscommon Drive, Suite 203, Middletown, CT

PRESENTER

Michele Klimczak, LMSW, Director of Training & Practice

COST: \$90

CONTINUING EDUCATION: This training has been approved for 6 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



Stages of Change: Practical Application

Based on principles developed from over 35 years of research, this full-day workshop is focused on the Stages of Change model and its utilization in day-to-day person-centered practice. Lasting behavioral change takes time, energy, focus, self-awareness, and commitment. “Start where the client is” is a mainstay of the human services, yet quite difficult to implement in actual practice. This presentation will help staff link a client’s current stage to specific treatment interventions that will most effectively move them to the next phase. The workshop is highly interactive and encourages “real-life” examples.

DATE

November 21, 2019

TIME

9:00am – 4:00pm

LOCATION

100 Roscommon Drive, Suite 203, Middletown, CT

PRESENTER

Scott Migdole, MSW, LCSW — Chief Operating Officer
at Yale Behavioral Health & Yale Program on Supervision,
Assistant Clinical Professor for the Department
of Psychiatry at Yale University School of Medicine

COST: \$90

CONTINUING EDUCATION: This training has been approved for 6 Continuing Education Credit Hours by the National Association of Social Workers, CT (NASW) and Connecticut Certification Board (CCB).



The Institute for Innovative Practice at The Connection can partner with you to create professional development courses that are specific to your organizational needs.

Please contact Director of Training and Practice, Michele Klimczak, MA, LMSW, for more information.

{ MICHELE KLIMCZAK, MA, LMSW
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theconnectioninc.org/training-courses